

Championship Wrestling Camp 2009

Training Today for Tomorrow's Success

July 8, 9, & 10

Open to all wrestlers in grades 2-12 (call for exceptions)

Championship wrestling camp is designed to offer solid technique and help you excel at the highest level of competition. We will offer quality workout partners who have the same drive and determination to be successful at the local, state & national levels.

Details: Check-in at 8:00-8:30 AM July 8 at Bob Berceau's home. This will be a 3 day / 2 night camp. At night the wrestlers will camp out at Blue Lagoon Ponds (Bob Berceau's Home) for swimming and other activities.

Sessions

Wednesday 9:30-12:00, 4:00-6:30

Thursday 9:00-11:30, 4:00-6:30

Friday 9:00-11:30, 12:30 pickup wrestlers

Meals

All meals will be included from Wednesday's lunch through Friday's lunch.

Location

Luxemburg-Casco Middle School & N6643 Blue Lagoon Lane, Casco

Cost

- \$150 (no cost break for commuters)
- \$75 for 2nd family member
- 3rd family member is free
- Payment in full must be made prior to enrollment

It is recommended that you pre register early as the camp will be full.

Championship Wrestling Staff

Bob Berceau-Camp Director

Chas Treml, Mike Van Ess- Luxemburg-Casco Assistant Coaches

Mike Deroehn

UW Oshkosh Head Coach

Wisconsin State Coach

Travis Shufelt

University of Wyoming

Assistant Coach-Present

University of Nebraska-Lincoln

All-American (7th '04)

Continued:

2 x Big 12 Runner-up

Team Captain

Las Vegas Invite Champ

O.W. at Virginia Duals

Junior World Team Trials (8th)

4x Academic Honor Roll

Oconto H.S. Oconto, WI

Career Record 145-6, 3x High School State Champ, 5th; 2 x Freestyle State Champ

Items to Bring

Sleeping Bag

Tent (can be shared)

Life Jacket (if needed)

Swimsuit

Flashlight

Running Shoes

Wrestling Gear for 3 Days

For more information contact:

Bob Berceau

Cell 920-819-4100

Home 920-837-2157

Or email: bberceau@centurytel.net

Please make checks payable to Championship Wrestling Camp

Mail completed registration form with payment to:

Bob Berceau

N6643 Blue Lagoon Lane

Casco, WI 54205

Please cut off

Waiver Statement

I hereby waive, release, and forever discharge the Luxemburg-Casco School District and Championship Wrestling Camp, and their representatives from any liability, or property damage that may occur during participation in this camp. I am aware of the risks involved with wrestling and verify that this participant is physically fit to participate. I grant permission for my son or daughter to receive medical treatment by a medical professional.

Parent Signature: _____ Date: _____

Registration Form

#1 Name _____

#2 Name _____

#3 Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ Shirt Size _____ Short Size _____